

FMUMC ONE + ONE Mentoring

Harmon High School

FAQ

What is a mentor? Individuals who meet one-on-one with students during school hours to develop a friendship type relationship based on mutual respect and trust.

Is mentoring like tutoring? While mentors may assist with homework, the emphasis of the relationship is getting to know the student and to build on their successes and strengths.

What is the time commitment for mentoring? Mentors meet with their student 1 day per week for about 1 hour. Mentors must be committed to meeting for the remainder of the school year.

What if I have to miss a day? While consistency is very important for these students, conflicts with mentoring days/times will come up from time to time. Contact the site coordinator as soon as you are aware of the conflict. Another day may be scheduled for mentoring if possible.

What days are available for mentoring? Currently at Harmon, every Tuesday and Wednesday from 11:15-11:55 is set aside for mentoring. There are some exceptions such as testing days, holidays, etc. in which mentoring will not take place. If these days/times are not workable for you, another time may be available. *Note: these days are subject to change.*

Who are the students in the mentoring program? The students in the mentoring program have been referred to Communities in Schools of North Texas (CISNT) due to Academic, Behavior and/or Attendance issues. These students enter the mentoring program voluntarily and understand the commitment they must make as well as the commitment by the mentor.

Why mentor? If you are looking for an opportunity to serve and make a lasting difference in the life of an individual, mentoring is a great place to do it! Studies have shown that students who are engaged in high quality one-on-one mentoring are less likely to initiate drug and alcohol use, less likely to hit someone, skip fewer days of school, receive higher grades, feel more competent about their ability to do well in school, report more positive relationships with friends and parents, and are more likely to pursue post-secondary education.

What if I've never mentored before? CISNT requires a 1 hour orientation/training as part of the application process. There are both in-person and online options for orientation. There is also a CISNT site coordinator available for questions and guidance. You don't have to be an expert, just a caring adult to listen to and guide a student in need to be the best they can be and to help them realize their potential in school and life. It's a very rewarding experience as a mentor!

Where is Harmon High School? Harmon High School is the 9th and 10th grade campus located on the corner of W Round Grove Rd and Old Orchard in Lewisville. Harmon feeds in to Lewisville High School.

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Can I mentor at schools other than Harmon? Of course! While the FMUMC One + One mentoring focuses primarily at Harmon, there are schools at all levels (elementary, middle and high school) in which CISNT operates mentoring programs. Mentoring days and times will vary for each school. Check the CISNT website at <http://cisnt.org/about-us/schools/> for a list of schools.

What's required to get started? Start by filling out a CISNT Mentor Application at <http://cisnt.org/volunteer-new/mentor/> . **When completing the CISNT Volunteer Application form, you will be asked to select a preferred school. Please select Lewisville High – Harmon unless you will be mentoring at another school.** CISNT will also conduct a criminal background check. This background check is not run until after you have completed orientation. Once the background checks out, you will be contacted by the volunteer coordinator and/or site coordinator with a match with a student!

Who can I contact for additional questions? Shari Smith at shari.d.smith@gmail.com or 214-641-4675